# Colleen Saidman Yee

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## Colleen Saidman Yee

On this episode of the Yoga Show, host Lindsay Tucker chats with two industry leaders—Colleen Saidman Yee and Sean Porter—to find out how yoga practice is changing forever in the face of the pandemic.

### Creative Yoga Solutions with Colleen Saidman Yee and Sean Porter

Colleen Saidman Yee, one of the world's most celebrated yoga instructors, is the co-founder and co-director of Yoga Shanti in New York City, and Sag Harbor, NY, where she teaches along with her ...

#### Colleen Saidman Yee

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