

## Aikido An Introduction To Tomiki Style

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~~Yamada Senta Sensei Introduced Tomiki Aikido to the UK in the late 1950s - London Aikido Dojo. Aikido basics - Randori No Kata - Beginners guide to the 17 techniques The 14 Kuzushi Waza of Tomiki Aikido Excellent Aikido Demonstration Ueshiba Moriheru Doshu - 植芝守央道主 - 合気道 - [HD] [AIKIDO CLASS] Christian TISSIER 8th Dan Shihan~~

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~~Tomiki Sensei believed that a "rationalization" of Aikido training, along the lines that Kano Sensei followed for Judo would make it more easily taught, particularly at the Japanese Universities. In addition, he believed that introducing an element of competition would serve to sharpen and focus the practice since it was no longer tested in real combat.~~

~~The Aikido FAQ: Introduction To Aikido~~

~~An essential aid for anyone studying Tomiki Aikido from beginners to Dan grades. It covers every aspect from basic breakfalls through Randori no Kata and Shichihon (balance breaking) to Koryu no Kata. There is a photograph and detailed description of every technique, a section on etiquette and a section covering weapons.~~

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~~Kenji Tomiki (富木 謙治, Tomiki Kenji, March 15, 1900 – December 25, 1979) was a Japanese aikido and judo teacher and the founder of competitive aikido (aikido kyogi) style. The style is referred by several names including Tomiki Aikido, Shodokan Aikido and Sport Aikido. Tomiki was one of the early students of the founder of aikido Morihei Ueshiba, beginning in 1926, and also of Jigoro Kano, the founder of judo.~~

~~Kenji Tomiki—Wikipedia~~

~~Kenji Tomiki (富木 謙治) began training under Aikido Founder Morihei Ueshiba in Daito-ryu Aiki-jujutsu in 1926. He was largely responsible for the compilation and editing of the text in Morihei Ueshiba ' s 1933 training manual “ Budo Renshu ” (published in English under the name “ Budo Training in Aikido “ ), and was later appointed to be Morihei Ueshiba ' s representative at Kenkoku University in Japanese occupied Manchuria.~~

~~Aikido Shihan Kenji Tomiki's Goshinjutsu~~

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~~Aikido is an excellent form of both physical and mental exercise. It is considered a “ soft ” art because of the lack of kicks and punches. Aikido is ideal for~~

just about everyone, from teens to grandparents; it is especially attractive to women because it does not require the tremendous amount of strength required by other martial arts. Competition is not required to advance in Tomiki Aikido, but it does help sharpen your skills and provides a chance to practice what you have learned with ...

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Professor Tomiki and kenkyuu (research) August 31, 2018. Recently Bob Dziubla Sensei gave me the opportunity to digitize his personal copy of an out of print book Professor Tomiki wrote in 1956. The work is called Judo and Aikido, and it was written as a basic introduction to these two arts from a sport perspective.

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